

Occupational Therapy

At Belmore our OT's help students develop the skills needed to participate in everyday activities, enhance their independence, and improve overall engagement in their education. This includes programs around sensory regulation for readiness to learn, as well as adapted and modified ways to complete school work.



The OT's use a range of assessments and observations to make links between physical and cognitive skills, assisting students to access all areas of the curriculum to the best of their ability.



The OT team works closely with teachers and families to problem solve obstacles to learning when participating and engaging in all aspects of school life from academics to functional daily living skills such as toileting, dressing and meal times.

